

What is Bio Energetic Testing?

Bio Energetic Testing is a beautiful blend of ancient medicine and modern technology! It's basically electro-acupuncture...but it doesn't hurt! The basis that the ancients founded the practice of acupuncture was on the knowledge that our bodies have energy. That energy travels in power lines known as meridians. These meridians carry body energy to corresponding organs.

Bio Energetic Testing provides a way to measure that energy and detect any stressed, balanced, or weakened areas of the body. Individualized protocols are then selected to help bring the body into healthy balance. Bio Energetic Testing was first introduced in the 1940's by a German physician named Reinhold Voll. It is also known as EAV Testing, or *Electro-Acupuncture according to Voll*.

Bear Necessities of Montpelier, LLC has two Bio Energetic Testing systems with four MSAS Pro trained technicians excited and ready to start bringing your health back into a better, more healthy balance.



(Above) June Marie Saxton, CNC in the Bio Energetic Testing room after just finishing a test.



Bear Necessities of Montpelier Office Staff

June Marie Saxton CNC
Certified Nutritional Consultant
Owner/MSAS Technician

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9:00 a.m. to 5:00 p.m.
Monday-Friday

Call or Come In Today!



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About Bear Necessities

Everyone always asks me why I started this business," says Bear Necessities of Montpelier, LLC owner and Certified Nutritional Consultant, June Marie Saxton. "I just tell them that I felt compelled to share with others some of what I have learned. I don't like to see anyone struggle with health issues. Unfortunately, many of us do struggle...but our problems are easier when there's hope, help, direction, and support."

Bear Necessities is founded on the precept of offering as many of these virtues as possible. Through Bio-Energetic testing and nutritional consultations, careful nutritional protocols are customized for each individual. "Everyone is different and unique. Our needs are not always the same, and so our remedies shouldn't be either. I focus on individualizing programs specific to each client's needs, and my technicians strive to offer that same care to their clients, too."

June Marie became interested in nutrition and prevention after her own health collapsed several years ago. After having been diagnosed with many diseases and ailments, and after many medical therapies failed to provide relief, June Marie realized that she must take responsibility for her own care. "It's too easy just to transfer all of the responsibility onto a doctor's shoulders. We expect them to 'fix us' when we're ill, like a mechanic fixes a broken-down car. We want a magic pill; a super drug, to instantly cure us...but I found that there are no easy answers to our problems—at least there weren't to mine." June Marie decided to get proactive about her health, and learned the hard way that *preventing* disease is a much better alternative than *treating* a disease.

Bear Necessities is dedicated to...



Bear Necessities of Montpelier, LLC offers an assortment of quality nutritional products, including: whole food supplements, homeopathic remedies, minerals, and the highest quality herbals. Even with natural products, it is essential to take these supplements responsibly, and to be educated about their uses, or any possible contraindications. The staff at Bear Necessities is trained to help customers understand these products. "Nature's garden offers many wonderful tools for us to use. Some are mild; others powerfully potent, but each should be respected and well-understood."



(Left) Many high quality Nutritional supplements line the shelves at Bear Necessities.



Massage Therapy



Massage Therapy is also offered at Bear Necessities as a part of the warm and gentle atmosphere, giving it the *final touch*. "Having a massage at Bear Necessities is like being whisked away to a seaside holiday!" Massage offers tremendous help to those who deal with pain, injuries, or stress. It is relaxing, but can also be very invigorating. "It is good for the lymphatic system, the circulatory system...for so many vital activities of the body."

(Left) A chair massage being given at Bear Necessities.



Spa Salon

Bear Necessities boasts a great the Spa Salon as one of its many services. Customers enjoy the warm, friendly atmosphere while receiving high-class treatments like manicures pedicures, nails, facial waxing, scalp treatments, hair cuts, styles, perms and great new hair color. June Marie Saxton, owner, said, "I wanted the Spa Salon to be a part of my business because it fits so nicely. It's just *delicious* to feel better, both inside and out! I remember when I was so desperately sick, and a wonderful friend offered to give me a new hairdo. It was amazing what it did for my psyche." Bear Necessities also offers a very wide variety of lavish spa and salon products including Redken, Biolage, Matrix, Big Sexy Hair Concepts, Retro, Abba, and More!

Bear Necessities Spa Salon features two hair stations, a hair washing station, and a nail bay to make your visit fast and easy while still maintaining high-class treatment.



(Below & Right)

The Spa Salon at Bear Necessities is high class and fully functional for anyone's salon needs.

