



ANNA MARIE JAMES, CMT

Bear Necessities of Montpelier, LLC

395 North 4th Street

Montpelier, Idaho 83254

Phone: (208) 847-1176 Fax: (208) 847-1198

www.bearnecessities.us

Massage Therapy Informed Consent

I, _____, (client) understand that massage therapy provided by **ANNA MARIE JAMES, CMT** is intended to enhance relaxation, reduce pain caused by muscle tension, increase range of motion, improve circulation, and offer a positive experience of touch. Any other intended purposes for massage therapy are specified below.

The general benefits of massage therapy, possible massage therapy contraindications, and the treatment procedure have been explained to me. I understand that massage therapy is not a substitute for medical treatment or medications, and that it is recommended that I concurrently work with my Primary Caregiver for any condition I may have. I am aware that the massage therapist does not diagnose illness or disease, does not prescribe medications, and that spinal manipulations are not a part of massage therapy.

I have informed the massage therapist of all my know physical conditions, medical conditions and medications, and I will keep the massage therapist updated on changes.

I have received a copy of the therapist's policies, I understand them and agree to abide by them.

Client Signature: _____ **Date:** _____